



VOLUNTEERS PACK



Welcome

This information pack is for anyone who wants to know more about volunteering and may be considering getting involved in the work of the Tribe Youth Group.

We are always looking for committed people to support us in our work by giving a few hours a week to help with the group in different ways.

Sometimes people are unsure about what volunteering might involve or whether it is suited to them, so we hope that this pack will help answer some of your questions.

If after reading this you have decided you would like to become a volunteer, or if you have more questions to ask, call the number on the back and speak to Jean, who will be happy to have a chat with you.

Jean

Leader of the Tribe Youth Group



Why Volunteer?

Whatever your reasons, volunteering is a great way of meeting new people, building your confidence, improving your CV with new skills and really making a difference. There is also plenty of evidence to suggest that volunteering helps to improve your health, boost your career options and makes you happier!

How Important Volunteering is!

Volunteers are incredibly valuable to many organisations who rely on their support in carrying out roles and tasks that cannot be covered fully by paid staff. Many organisations have no paid staff and rely solely on volunteers to carry out their work. Volunteering is not only valuable to individual organisations, but also makes a difference on a larger scale to the UK's economy: 17.9 million formal volunteers contributed approximately 1.9 billion hours equivalent to one million full-time workers, a contribution worth £22.5 billion (*Home Office Citizenship Survey: People, Families and Communities*).

Who would make a good Volunteer?

Anyone could be a good volunteer as we all have different experiences and skills to share, and we all have something we are good at! Volunteering is something that everyone can do. We are looking for people who:

- Are age over 17
- Are able to be committed to a role, be available at the agreed times and meet requirements of their role
- Have experience of being a parent and/or would enjoy working with parents, carers and children
- Are able to follow guidelines on confidentiality and child protection
- Would be willing to do a DBS check and provide two names for a reference
- Have a non-judgemental attitude and do not discriminate against others
- Are open, friendly and honest

All volunteers receive:

- Full support from your allocated supervisor and the Volunteer Co-ordinator
- An ID badge & Volunteer T-Shirt
- Invitations to team meetings
- Free training courses relevant to your role
- Invitations to social events e.g. Christmas party, coffee and cake mornings
- A copy of the newsletter and the opportunity to make a contribution by sharing your experiences

Before starting with us

All volunteers are asked to complete a number of forms, regardless of their role or previous experience. These include:

- Application Form
- DBS

What is a Volunteer Youth Worker?

A volunteer youth worker will support the staff and volunteers who work in the youth club, groups and projects to provide high quality youth work. You will support the leaders in the planning and delivery of the groups based on the ideas from the young people and peer leaders. The aim of the youth group is to enable young people to experience and contribute to the youth programme activities which are fun, safe, social and educational (team building, developing self-confidence etc.).

What's in it for you?

- Becoming part of a friendly and dedicated team
- Meeting people from all walks of life and making new friends
- Enjoying new experiences and learning something new every day
- Gaining practical experience working with young people and the local community

What's involved?

- To assist with the running and delivery of the youth group
- To communicate with the project coordinator and other volunteers about programme activities
- To supervise young people and ensure general health and safety and rules of conduct are followed
- To build a rapport with young people and listen to their concerns
- To facilitate and participate in games, activities and discussions with young people
- To assist with necessary programme set-up and clean-up
- To undertake required record keeping procedures including reporting verbally to the supervisor and completing any relevant programme forms

This role will suit people who...

- Enjoy working as part of a team
- Are enthusiastic about the work of the Tribe Youth Group
- Enjoy working with children and young people
- Are looking to gain experience working in busy youth groups
- Ideally have some experience of working with young people in youth clubs, groups or projects to achieve positive outcomes

Extra information

Our meeting locations are:

- Monday: Scholes Sports Pavilion 5pm till 6.30pm
- Tuesday: Wykebeck Valley Day Centre 5pm till 6.30pm
- Wednesday: Pendas Community Centre 4.30pm till 6pm
- Friday: Pendas Community Centre 7.15pm till 9pm

We also run some sessions during school holidays and a gardening club on a Saturday morning.

Volunteer Co-ordinator: Jean Barnbrook

Telephone: 07756585864

Email: thetribeyouthclub@gmail.com

Activities we do

We offer a range of fun activities for the young people that promote positivity, inclusion, and personal development. These include:

- **Creative** to inspire young people to express themselves and get involved with arts & crafts, music, drama, dance, and other creative activities.
- **I am Me** is an integral part of delivering health and fitness activities including eating healthily and mental and physical health to encourage young people to try hard and improve their confidence and social skills.
- **Lifeskills** to educate and help the young people to learn new skills that they will be able to take and use including first aid, budgeting, cooking.